



Session: €10 per person and €18 for 2; please book 24 hours in advance
Bathrobes and towels provided

RULES FOR USE OF THE SAUNA

1. Access and opening hours

- The sauna is accessible only to those who have booked a session. The sauna is designed for 2 to 4 people maximum.
- The sauna is open from 5 p.m. to 9 p.m.
- It is forbidden to use the sauna outside these times.

2. Hygiene and clothing

- Before entering the sauna, it is compulsory to take a shower and to avoid sunscreens, body oils, etc.
- You must wear a bathing suit.
- Please put a towel on the bench to sit on in the sauna.

3. Behavior

- Silence or a calm atmosphere is requested in order to respect everyone's relaxation.
- It is forbidden to smoke, eat or drink inside the sauna.
- Any form of violence, harassment or inappropriate behavior is strictly forbidden.

4. Safety

- Do not stay in the sauna for more than 15 to 20 minutes at a time (timer inside).
- If you feel unwell or uncomfortable, leave the sauna immediately.
- Access forbidden to children under 16, and to children under 18 unaccompanied by an adult. Access forbidden to people with heart problems, pregnant women and people with skin problems.
- It is forbidden to use the sauna under the influence of alcohol or drugs.

5. Maintenance

- Please leave the sauna clean and tidy after use.
- Please notify us immediately of any malfunctions.

6. Liability

- Use of the sauna is at the user's own risk.
- We accept no liability for any accidents resulting from failure to comply with these rules.